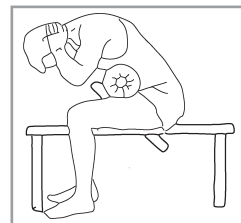
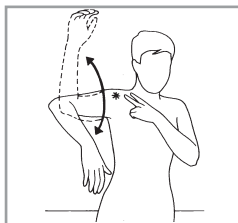
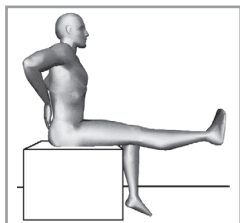


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Manual Therapy Professional Collection

Lumbar Spine Dynamic Stability by Mark Comerford (PX1)

Stability rehabilitation for the lumbar spine using active therapeutic exercise to correct faults in the movement system. The exercises follow the four key priorities and principles of stability rehabilitation. (102 items)

Upper Quadrant Dynamic Stability by Mark Comerford (PX7)

Stability rehabilitation for the upper quadrant using active therapeutic exercise to correct faults in the movement system. The exercises follow the four key priorities and principles of stability rehabilitation. (126 items).

Cervical Spine Dynamic Stability by Mark Comerford (PX8)

Stability rehabilitation for the cervical spine using active therapeutic exercise to correct faults in the movement system. The exercises follow the four key priorities and principles of stability rehabilitation. (135 items)

Movement Impairment Correction Exercises by Shirley Sahrmann (PX11)

Specific exercises to correct faulty movement patterns and imbalances for the trunk, upper and lower quadrant. (171 items)

Vertebral Column Examination and Treatment by Jan Wonnevi (PX22)

Cervical spine, thoracic spine and lumbar spine/S.I. joint examination and treatment. Reading the text and watching the video is an easy way of continuously practising and improving manual skills. (133 items)
includes video clips

Get the Nerve to Move - Treatment Techniques and Home Exercises by David Felhendler (PX31)

Treatment techniques and home exercises designed to enhance neurodynamics. Covers major parts of the neuroaxis and sympathetic trunk and the larger peripheral nerves.
(treatment techniques 162 items and home exercises 162 items) *photographs and video clips*